

Biography



EILEEN BURNSIDE LNCP GHR ACC dip

Since the 1980s I have worked as a Canine Behaviourist working with clients in their own homes to help with communication and bring about harmony to sometimes very chaotic households.

Being aware of how stress affected the dogs and seeing the release of stress from their bodies by tremoring on numerous occasions and more profoundly the calm relieved demeanour when the process was complete was what made the job very worth while.

I had not made the connection at this point that this natural state of tremoring would in fact be the therapy I would be using today to help my human clients.

Realising it was not only the dogs that needed therapy I went on to study Psychotherapy and Hypnotherapy then continuing on to study the Human Givens Psychotherapy.

“Having watched a video clip of David Bercei on you tube this proved to be one of those light bulb moments in my life. “I just knew this is what I had been looking for.”

Visiting David’s website and finding Dr Melanie Salmon who was hosting one of David’s workshops in the UK just before she was returning to South Africa was just fate. I just had to attend this workshop which quite simply was life changing. Following further training with Riccardo Cassiani Ingoni, and Jonas Nordstrom I gained certification in TRE.

Today I work within a busy Chiropractors clinic using a combination of therapies including TRE with great benefits to my clients.