

## Helena Guo

M.D., Ph.D., NBCC, LPC-MHSP



Dr. Guo is a Chinese American. She was born and raised in China, received her M.D and . Ph.D degree from Fudan University, Shanghai, China. Then she went to Baylor College of Medicine, Texas Medical Center, Houston to finish her postdoctoral training in neuroscience in 1994. Shortly after her postdoctoral training, She went to Peabody College, Vanderbilt University to pursue her lifelong dream in psychological counseling training and received Master degree in education in 2001. Then She worked as Immigrants and Refugee Program director and clinical mental health therapist at Centerstone in Nashville, the largest mental health service center in U.S. In 2006, she returned to China as EAP program director of PPC China, PPC worldwide to provide EAP services and supervision for many international and local companies. In 2008, right after 512 Sichuan Earthquake, She led a psychological team to Sichuan to provide psychological recovering services for earthquake victims until now. The Program has won The Most Influential Charity Program of 2008 in China. The Program also won The Long-lasting and Developing Charity Project of 2009 in China. Dr. Guo specialized in trauma, crisis intervention and resilience training. It was in earthquake psychological recovering work, Dr. David Berceci was invited to China to help victims. TRE was introduced into China. Since then, TRE has been benefit to thousands earthquake victims and become one of most distinguish and welcomed interventions in disaster area.

### Contact Information:

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