

Riccardo Cassiani Ingoni Ph.D.

As a scientific as well as a spiritual researcher, one of Riccardo's interests lies in uncovering the mechanisms by which traumas affect the mind-body organism. Following his years of medical research activity in Italy and in the USA for the National Institutes of Health, his scientific work with the Italian National Olympics Committee, and driven from his own necessity to heal from physical and psychological trauma, Riccardo was led to integrate the knowledge and technology of modern medicine with the art of alternative healing. He believes that everyone can gain joy, balance and harmony by freeing their spirit through the Trauma Release Process, training their brain with neurofeedback, and enlightening their mind through The Work of Byron Katie.

Riccardo holds a master degree in biological sciences and a doctorate degree in neurophysiology. He was awarded the Mangrella Prize for the best Italian neuroscientist by the National Council of Research (I) in 2006, as well as the Integrative Neural Immune Award by the National Institute of Mental Health (USA) in 2003.

He is further experienced with the following therapeutic modalities: Bio/Neuro-feedback; Applied Kinesiology; NeuroModulation Technique; Medical Intuitive Training; Nutrienergetics Systems; Reiki; Hatha Yoga.



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